





## **Salad Making Activity**

**In order to encourage healthy food habits, a 'Salad Making Activity' was organised for the students of classes VI to VIII on 13th April 2023. Students made a variety of fruit and vegetable salads and also explained its nutritional value. Teachers explained the importance of including salad in a regular diet. Students took care of cleanliness, creativity and taste. They thoroughly enjoyed the activity and relished the salads together.**